

Move for Better Health



Underline South Miami Hospital Exhibit

Friday, February 12

12 noon–2 p.m.

Make Some Energy

(Ride The Underline Energy Bike)

Tuesday, February 23

5:30–7:30 p.m.

South Miami Hospital

Victor E. Clarke Education Center

Free Panel Discussion: *Walk, Bike,
Take Transit to Better Health*

Sign up on Eventbrite

Friday, February 26

12 noon–2 p.m.

Yoga Demonstration

by Richard Sherman

Proposed: The Underline's
Healing Garden at
South Miami Hospital

The Underline will transform
the land below Metrorail
into a 10-mile linear park,
urban trail and living art
destination from the Miami
River to Dadeland South.

theunderline.org
@theunderlinemia
#Underline4Health
#TeamPineapple
#TrailforHealth

The Underline



**Baptist Health
South Florida**